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You may also email your thoughts, ideas and photos to: aedwards@bestversionmedia.com.

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HAPPY APRIL, SOUTHERN YORK COUNTY!

Our cover feature this month highlights Lovell Casiero, a New Freedom resident. Lovell is best described as a southern belle, hospitality executive, life/business coach, keynote speaker, author, and entrepreneur. But above all, she is a MOTIVATOR. A leader. A mentor. Her mantra is, "Success is only inhibited by self-doubt. You truly can achieve anything you set your mind to." She shares her inspiring story with us.

You'll also enjoy a comprehensive calendar of local April events and sport highlights, learn about the Jewish holiday Passover, plan for retirement with Smith Wealth Advisory Group, make gingerbread cupcakes with New Freedom Roasting Company & Deli, and much more!

Have an amazing month!

ALYCIA EDWARDS

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Find me on Facebook at "Social By Alycia Edwards"

OUR SYL TEAM

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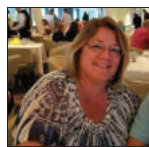
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CONTENT AND PHOTO PROVIDED BY TERESA FERNANDEZ OF ANIMAL RESCUE, INC.




OLLIE IS A 7 YEAR OLD BEAGLE MIX who was originally used for hunting. The young man who had him lost interest in hunting, so Ollie and his sisters lived in outside kennels for several years. No grass, just plastic dog houses without straw for warmth in the winter. The young man left for college last August and no one else in the family was willing to feed them after he left. A neighbor starting looking to help get these dogs a better life, so they came to Animal Rescue Inc.

Ollie had a really hard time adapting to living in a house. For the first week he paced and paced. He didn't know where to lay down or sleep. He was so skinny when we got him and had a starving dog mentality. He would climb up on the counters and eat anything, even packaging. Now his weight is perfect but he, like most beagles, is highly food motivated, so very trainable.

Where's Bella?

BY JAKE SCHULTZ



EACH MONTH, BELLA WILL BE HIDDEN somewhere here in *Southern York Living Magazine*. You need to find her!

Who is Bella? Bella is the kid Bichon of Kevin Smith; Kevin is the owner of Smith Wealth Advisory Group. Kevin has supported our community magazines from the very beginning. We are very grateful for his sponsorship.

The randomly chosen winner can choose a \$25 Gift Card to one of our local participating business sponsors. Good luck!

Email your answer to Dawn at dtittsworth@bestversionmedia.com

**We will only be accepting answers until April 27th.*

Congratulations

to our February winner, Lilly Williams!
Bella was found on page 22!

Ollie has gone from not being able to relax in the house to being a total couch potato. He snuggles up next to his foster in the evening and falls asleep next to her on the sofa. He gets along with everyone-- adults, children, cats, and dogs of all sizes.

Want to learn more about Ollie or our other animals? Reach out.

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Real Estate Stats

Submitted by Gina Baum of Howard Hanna Real Estate Services

Status	Address	City	Price
For Sale	2725 Hunt Club	York	\$225,000
Pending	300 Claremont Drive	Seven Valleys	\$225,000
Pending	12 Barelyn Drive	New Freedom	\$375,000
Pending	757 Willow Ridge Drive	York	\$420,000
Sold	12 N Luzerne Avenue	Baltimore	\$192,600
Sold	304 N Marshview Road	Stewartstown	\$220,000
Sold	533 Countryside Road	Seven Valleys	\$375,000

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our home in October of 2005. We absolutely love the small-town feeling in a location that is still close to major cities such as DC, Philadelphia, and Baltimore. The scenic farmland creates a beautiful backdrop for the communities of Southern York County. In 2020, we downsized, and currently live in a townhouse along the bike trail. The friends we have made in the 19 years we have lived here are now more like family. From a true southern belle born and raised in North Carolina...this is southern living at its best!"

Though Lovell has had much professional success, it has not been without hardships. She knows first-hand that the tapestry of life is woven with both triumphs and trials. Chapter two of her book *Lead Like a Girl* starts with a letter to her younger self and outlines the decades that built her. Her thirties were full of trials, with her family and her father's television ministry in crisis. It fell into Lovell's lot to step in and run the ministry. She was faced with a lingering legal battle, sustaining the ministry, and four of her siblings still depending on her father for support. She remembers that decade as one of the hardest of her life, but also a time when she learned some of her best life and leadership lessons. Lovell explains, "It took faith, perseverance, and resilience to get through each day. When I look back on that very difficult time, my only thought is...but I made it!"

When faced with adversity, Lovell believes the only option is to overcome, move forward, and win again. She lives by a truth that every personal challenge or difficult situation is in vain unless you are willing to help others by sharing the lessons learned from those moments.

Enter *Lead Like a Girl*, a book that "weaves together compelling narratives of female leaders who've made their mark, backed by personal life lessons that underscore the strengths women bring to the boardroom." Lovell noticed that traditional leadership models were "being turned on their heads". Moreover, she found that the traits often associated with women - empathy, collaboration, and flexibility - are proving essential to effective leadership. After receiving so many blessings throughout her professional and personal journey, Lovell shares, "I simply wanted to give back and empower individuals to level up as a leader, regardless of gender." She interviewed many women in her writing process, with the goal in mind that the book would be a collection of leadership lessons. However, she surprised herself by how many PERSONAL life lessons she felt compelled to share.

Upon reflecting on the book, Lovell confesses, "The title can be a little deceiving. People assume it is a book for women. What they will realize is the title of the book is because it is from the VOICE of a woman. The lessons are for both men and women leaders."

Learn more about Lovell at lovellcasiero.com.

BY ALCIA EDWARDS

PHOTOS BY NICOLE OPENSHAW PHOTOGRAPHY

NEW FREEDOM RESIDENT LOVELL CASIERO is best described as a southern belle, hospitality executive, life/business coach, keynote speaker, author, and entrepreneur. But above all, she is a MOTIVATOR. A leader. A mentor. Her mantra is, "Success is only inhibited by self-doubt. You truly can achieve anything you set your mind to."

North Carolina born and bred, Lovell's career started out humbly as a sales admin, and later grew to senior executive status. She opted to take a ten-year sabbatical from her corporate career to focus on her family's television ministry. With her guidance, it grew from appearing on smaller, local stations to huge cable networks such as BET. This is no surprise, as she is the fourth generation in her family of inspirational leaders.

You may ask, what brought Lovell to New Freedom, Pennsylvania? She smiles, "My husband, Lenny, and I made Southern York County

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CONGRATULATIONS TO THE FCD SOCCER CLUB '14 ACADEMY for taking yet another first place at the Presidents Day Tournament where they had a thriller in the finals which came down to the last minutes! Way to go!

BARRENS SOCCER CAMP *Registration Open*

COMPILED BY ALCIA EDWARDS

BARRENS SOCCER CAMP will be held July 22-26 at the Hopewell Area Rec Complex in Stewartstown. Registration is now open! Camp is for all players ages 6 to 14. Visit their website for more information and to register: barrenstravelsoccer.org

BARRENS SOCCER CLUB *Fall Registration Now Open*

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BARRENS SOCCER CLUB in Stewartstown has fall opportunities for ages four all the way up through the 11th grade! Registration is now open at barrens-soccer.org.

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SYC WARRIORS CHEERLEADING Mini Cheer Camp is open to all students entering K-6th grade in the 2024/2025 school year. It will be held June 25-27th from 6-8pm at the Shrewsbury YMCA, Campers will learn a new cheer dance, camp cheers, and how to improve your stunting and tumbling techniques. Participants will also receive a camp t-shirt and cheer bow, as well as enjoy an ice cream party at the conclusion of camp.

Registration is open at <https://sports.bluesombrero.com/Default.aspx?tabid=545839>.

DALLASTOWN COUGAR CHEERLEADING

Fall Registration Now Open

COMPILED BY ALCYIA EDWARDS

REGISTRATION FOR THE 2024 FALL TACKLE COUGAR CHEERLEADING season is officially OPEN! Registration will run through May 31st. Visit <https://clubs.bluesombrero.com/dallastowncougarcheer>



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REGISTRATION IS OPEN FOR TACKLE FOOTBALL for students in 2-7th grade residing in the Red Lion School District. Please visit redlionyouthfootball.com for more information.

DALLASTOWN BASKETBALL

Updates

COMPILED BY ALCIA EDWARDS

CONGRATULATIONS TO DALLASTOWN BASKETBALL'S

YAIAA Division 1 All Stars as voted on by the coaches: 1st Team- Kobe M, 2nd Team- Jalen C. & Michael S., Co-Coach of the Year- Coach Grassel.

Secondly, congratulations to the 5th grade boys team for bringing home the League Championship February 18th!



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SYC FIELD HOCKEY *Summer Camp & Fall Registration Now Open*

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SYC FIELD HOCKEY SUMMER CAMP is open to K-rising 7th graders, and their fall league is open to K-6th. The registration link can be found at <https://sports.bluesombrero.com/Default.aspx?tabid=1020975>. Any questions may be directed to sycfieldhockey@sycwarriors.org.

DALLASTOWN WRESTLING *Updates*

COMPILED BY ALCIA EDWARDS

CONGRATULATIONS TO ISIAIAH F. on his 2nd place finish at Districts, as well as receiving over 100 wins as of February!

Also in February, the JH girls wrestling team finished 2nd at the Ralph Hartlaub Memorial Tournament at Spring Grove. Makenna D. finished 1st by pinning all three opponents. Layla S. finished in 2nd place.

Khloe L., Lilly S. and Sofia M/ finished 3rd; Audrey W. and Delilah G. finished 4th. HS wrestler Amelia S. also earned a 2nd place finish in the SH JV division.

Congratulations are due to Kenna H. and Shelby G., who won their weight classes in the first ever girls sectional championships in February! Tessa H. placed 4th, and Avery B. placed 5th.

Later, Kenna and Avery qualified for the 2024 PIAA State Championships! Both Kenna and Avery finished 4th at the first ever PA Sanctioned South Central Regional Tournament which consisted of 44 teams in competition.

WINDSOR TOWNSHIP RECREATION *Summer 2024 Tee Ball Registration*

COMPILED BY ALCIA EDWARDS

PLAYERS WILL LEARN THE FUNDAMENTALS OF THE GAME with having fun being the number one priority of this program. Tee Ball is held two days per week (Tuesday and Thursday evenings) at Freysville Park, LJM Elementary, or Pleasant View Elementary, starting in mid-June and running until early August. Games and practices are scheduled 6:30-7:30pm. Program open to

players ages 4-7. We will field 4&5 year old teams and 6&7 year old teams. Teams are co-ed. Players must provide their own glove for this program. Sneakers and any athletic shorts are acceptable. Registration opens April 1st. Deadline to register is May 16th at midnight! Register here: redlionpa.myrec.com



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Reaching Retirement-- Now What?

BY KEVIN J. SMITH, CFP™, CHFC®, CLU®, CAP®, CASL®, CRPC®, CLTC®, AWMA®, AAMS®

YOU'VE WORKED HARD YOUR WHOLE LIFE anticipating the day you could finally retire. Well, that day has arrived! But with it comes the realization that you'll need to carefully manage your assets so that your retirement savings will last.

Review your portfolio regularly

Traditional wisdom holds that retirees should value the safety of their principal above all else. For this reason, some people shift their investment portfolio to fixed-income investments, such as bonds and money market accounts, as they approach retirement. The problem with this approach is that you'll effectively lose purchasing power if the return on your investments doesn't keep up with inflation. While generally it makes sense for your portfolio to become progressively more conservative as you grow older, it may be wise to consider maintaining at least a portion of your portfolio in growth investments.

Spend wisely

Don't assume that you'll be able to live on the earnings generated by your investment portfolio and retirement accounts for the rest of



your life. At some point, you'll probably have to start drawing on the principal. But you'll want to be careful not to spend too much too soon. This can be a great temptation, particularly early in retirement. A good guideline is to make sure your annual withdrawal rate isn't greater than 4% to 5% of your portfolio. (The appropriate percentage for you will depend on a number of factors, including the length of your payout period and your portfolio's asset allocation.) Remember that if you whittle away your principal too quickly, you may not be able to earn enough on the remaining principal to carry you through the later years.

Understand your retirement plan distribution options

Most pension plans pay benefits in the form of an annuity. If you're married you generally must choose between a higher retirement benefit paid over your lifetime, or a smaller benefit that continues to your spouse after your death. A financial professional can help you with this difficult, but important, decision. Other employer retirement plans like 401(k)s typically don't pay benefits as annuities; the distribution (and investment) options available to you may be limited. This may be important because if you're trying to stretch your savings, you'll want to withdraw money from your retirement accounts as slowly as possible. Doing so will conserve the principal balance and will also give those funds the chance to continue growing tax deferred during your retirement years. Consider whether it makes sense to roll your employer retirement account into a traditional IRA. IRAs usually offer greater withdrawal and investment flexibility than employer plans. A rollover to an IRA also allows you to consolidate your retirement assets.

Plan for required distributions

Keep in mind that you must generally begin taking minimum distributions from employer retirement plans and traditional IRAs when you reach age 73, whether you need them or not. Plan to spend



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delaying full retirement is that you can continue to build tax-deferred funds in your IRA or employer-sponsored retirement plan. Keep in mind, though, that you may be required to start taking minimum distributions from your qualified retirement plan or traditional IRA once you reach age 73. If you do continue to work, make sure you understand the consequences. Some pension plans base your retirement benefit on your final average pay. If you work part time, your pension benefit may be reduced because your pay has gone down. Remember, too, that income from a job may affect the amount of Social Security retirement benefit you receive if you are under normal retirement age. But once you reach normal retirement age, you can earn as much as you want without affecting your Social Security retirement benefit.

Facing a shortfall

What if you're nearing retirement and you determine that your retirement income may not be adequate to meet your retirement expenses? If retirement is just around the corner, you may need to drastically change your spending and saving habits. Saving even a little money can really add up if you do it consistently and earn a reasonable rate of return. And by making permanent changes to your spending habits, you'll find that your savings will last even longer. Start by preparing a budget to see where your money is going. By planning carefully, investing wisely, and spending thoughtfully, you can increase the likelihood that your retirement will be a financially secure one.

these dollars first in retirement. If you own a Roth IRA, you aren't required to take any distributions during your lifetime. Your funds can continue to grow tax deferred, and qualified distributions will be tax free. Because of these unique tax benefits, it generally makes sense to withdraw funds from a Roth IRA last.

Know your Social Security options

You'll need to decide when to start receiving your Social Security retirement benefits. At normal retirement age (which varies from 65 to 67, depending on the year you were born), you can receive your full Social Security retirement benefit. You can elect to receive your Social Security retirement benefit as early as age 62, but if you begin receiving your benefit before your normal retirement age, your benefit will be reduced. Conversely, if you delay retirement, you can increase your Social Security retirement benefit.

Consider phasing

For many workers, the sudden change from employee to retiree can be a difficult one. Some employers, especially those in the public sector, have begun offering "phased retirement" plans to address this problem. Phased retirement generally allows you to continue working on a part-time basis--you benefit by having a smoother transition from full-time employment to retirement, and your employer benefits by retaining the services of a talented employee. Some phased retirement plans even allow you to access all or part of your pension benefit while you work part time. Of course, to the extent you are able to support yourself with a salary, the less you'll need to dip into your retirement savings. Another advantage of

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© Best Version Media Calendar of Events

SATURDAY, APRIL 6, 13 & 20

Glen Rock Express on the Trail Sisters

@Northern Central Railway, 117 N Front St, New Freedom, PA 17349
Travel to Glen Rock, PA and back with our historic PRR GP9 Diesel Locomotive built in 1959 on a former Pennsylvania Railroad mainline that has been in operation since 1838. Your ride follows the route of the original Northern Central Railroad through the scenic Heritage Rail Trail County Park. Enjoy the Mid Century coach car by visiting both cars during the trip.

TIME: 11AM (please arrive 30 minutes early)

COST: starting at \$29.99
northerncentralrailway.com

APRIL 11-13

WeeUsables Consignment Event @York Expo Center, 334 Carlisle Avenue, York PA 17404

500+ local families consign at the biggest sale in the area! Tons of items for expectant parents, babies and kids at up to 90% off retail – prices starting at \$2. Everything is neat and organized by gender and size, as well as is pre-priced by consignors. All items are either new and gently-loved items; you may pay with cash or credit cards. Free parking, and children and strollers are welcome.

TIMES: vary by day

COST: varies by day, please visit the website for details
weeusablesevent.com/shop/york-sale

APRIL 12-13

Pennsylvania Herb & Garden Festival

@York Expo Center, 334 Carlisle Avenue, York PA 17404

This two day event is ideal for anyone who enjoys gardening, cooking, or crafting, featuring nationally known speakers, workshops, and vendors.

TIMES: Friday 11-5, Saturday 9-4
COST: \$10/day, ages 12 and under are free, parking is free
paherbfest.com

SATURDAY, APRIL 13

Superhero Express

@Stewartstown Railroad Company, 21 W Pennsylvania Ave, Stewartstown, PA 17363

Join our super-secret agents on a mission aboard the Stewartstown

Railway! Join our epic guests for a train ride complete with meet and greets, interactive activities, and a superhero training course at the picnic stop. Young heroes are encouraged to wear their best super suits, capes and masks. This year's ride features the American Hero and our NEW Dark Spider Heroine! This event is perfect for the whole family. Take your own photos with your favorite Superhero at no extra charge. Our train rides are rain or shine! This ride is about 90 minutes.

TIME: 2pm (please arrive 30 minutes early)

COST: Tickets start at \$19
stewartstownrailroadco.com

SATURDAY, APRIL 13

Friendship Elementary School PTO Yard Sale

@Friendship Elementary School, 3457 Sticks Rd, Glen Rock, PA 17327
Vendors, cooler raffle, 50/50 and food trucks!

TIME: 8AM-2PM

More information:
fesptorocks@gmail.com

SATURDAY, APRIL 13

Make Your Own Ice Tie Dye

@Kindred Wellness Cafe, 36 Water St, Glen Rock PA 17327

Come learn how to make tie dye and take home a wearable piece of art! Instructor provides everything you need- pre-treated shirt in your size, personalized instruction, professional dyes, bag of ice, and shipping to you after the party. Instructor may have a few walk ups available, but suggests that you grab a ticket to ensure a shirt in your size and enough materials.

TIME: 12pm

COST: \$35-45

Visit "Kindred Wellness Cafe" on Facebook for registration link

SATURDAY, APRIL 20

Leap Into Science

@Martin Library, 159 E Market St, York, PA 17401

Explore STEAM topics during these hands-on programs for school age children. Families work together to learn scientific information from books, make observations and predictions, and then conduct science experiments to investigate answers. These will occur monthly on the third Saturday of the month in January through May. Located in Family Place.

TIME: 10:30-11:30am

COST: free
yorklibraries.org

SATURDAY, APRIL 20

Western Train Robbery

@Stewartstown Railroad Company, 21 W Pennsylvania Ave, Stewartstown, PA 17363

This train ride will feature an old west raid on our station and a train robbery that will be interactive with passengers on the train. The Sheriff is searching for the thieves, are they hiding on the train? All actors will be dressed in period clothing. Feel free to join them in dressing in late 1800's era clothing. Our train rides are rain or shine! Please be aware there will be the sound of gunfire during this train ride. If you are bothered by loud noises in the way of gunfire (blanks will be used that have no projectile) and loud voices, this train is not for you. Young children may be bothered by loud sounds; consider using ear plugs. This ride is about 90 minutes.

TIME: 2:30pm (please arrive 30 minutes early)

COST: Tickets start at \$15
stewartstownrailroadco.com

SATURDAY, APRIL 20

Happy Hour Special Aboard The Trail Sisters

@Northern Central Railway, 117 N Front St, New Freedom, PA 17349

Enjoy a two-hour ride along the beautiful York County Heritage Rail Trail to Seven Valleys and back. The bar will be open for cash or card service. Included with your ticket will be individual plated appetizers provided by our friends at the New Freedom Roasting Company and Deli and one drink of your choice - either a soft drink or alcoholic beverage.

TIME: 5-8pm

COST: \$74.99
northerncentralrailway.com

APRIL 20-27

York City Cheese Week

@Downtown York

Get ready to embark on a culinary journey like no other as the York City Independent Restaurant Association and Fulton Bank proudly present Cheese Week, a delectable celebration of all things cheesy! Downtown York will transform into a haven for cheese enthusiasts and foodies alike, showcasing an array of special cheese dishes crafted by some of the city's finest restaurants.

Participating restaurants will offer specially-curated menus featuring a variety of cheese-inspired dishes, from savory appetizers to mouthwatering main courses and indulgent desserts. In addition to the mouthwatering dishes, Cheese Week will feature special events, tastings, and cheese pairings throughout the week, providing attendees with the opportunity to expand their cheese knowledge and culinary horizons.

MORE DETAILS: yorkpa.org/event/york-city-cheese-week/42054

TUESDAY, APRIL 23

Line Dancing

@The Farmyard, 21159 Old York Rd, Parkton, MD 21120

Join Carlee and other Farmyard Friends for an evening of dancing. They'll bring back some of the dances they taught at previous events and will teach a couple of new ones. This is beginner-friendly, but must be 16 years or older. Bring some friends! Drinks and snacks will be available for purchase. Tickets are limited. You can buy them ahead of time (recommended).

TIME: 6:30PM

COST: \$10/person

TICKETS: <https://square.link/u/pLkCwXYR>

SATURDAY, APRIL 27

Farm & Field Day

@Hooves and Honey Farm, 9424 Mt Zion Rd, Glen Rock, PA 17327

Join us for plowing and planting using antique equipment, our draft horses, mules and teams. Our Amish friends will be hosting a chicken BBQ, and there will be other vendors as well!

TIME: 10AM-4PM

COST: free admission

"Hooves and Honey Farm" on Facebook

SATURDAY, APRIL 27

Vendor & Craft Show

@Dallastown Lions Club, 500 Lions Dr, Dallastown, PA 17313

Over 50 vendors!

TIME: 10AM-3PM

COST: free admission

"Dallastown Lions Club" on Facebook

SATURDAY, APRIL 27

Library Tales for Tails

@Village Library, 35-C North Main Street, Jacobus, PA 17407

Join us on the 4th Saturday of each month, from 10:00 a.m. to 11:30

a.m., and share your stories, written and otherwise, with our friendly neighborhood therapy dogs. To reserve your 15 minute spot with one of our lovable canines, just call or stop by our front desk at the Village Library. Or, just stop by and wait for a turn. Our four footed friends just love a good story!

TIME: 10-11:30am
COST: free
yorklibraries.org

SATURDAY, APRIL 27

Howard Tunnel Special
@Northern Central Railway, 117 N Front St, New Freedom, PA 17349

Join us for a gorgeous 30-mile round trip behind GP9 #6076 winding through the Historic Codorus Valley with a brief stop at the Howard Tunnel to stretch your legs. The leaves are down so you'll be provided with unique views that aren't normally available. All tickets include a choice of a complimentary boxed lunch: Turkey & American Cheese Sandwich, Ham & American Cheese Sandwich, or Garden Salad. Please note: boxed lunches must be ordered in advance. Beverage service is available on this excursion including wine, beer, mixed drinks and soft drinks.

TIME: 12 noon (please arrive 30 minutes early)
COST: starting at \$52.99
northerncentralrailway.com

SATURDAY, APRIL 27

Electronics Recycling Event
@Shrewsbury Borough Office, 35 W Railroad Ave, Shrewsbury, PA 17361

Area residents can bring electronic items (smoke detectors, major appliances, electric motors or items with refrigerant, oils, or liquids are NOT accepted) for disposal. There is no cost for this service, but any donations made to the Shrewsbury Lions Club are greatly appreciated.

TIME: 8AM-2PM

SATURDAY, APRIL 27

Endless Events Spring Fest
@York Expo Center, 334 Carlisle Avenue, York PA 17404

Close to 175 vendors will be on display. Jump into spring with some new looks and gifts.

TIME: 9AM-3PM
yorkstatefair.com

SUNDAY, APRIL 28

St. John The Baptist Preschool 50th Anniversary Celebration
@St. John The Baptist, 315 N Constitution Ave, New Freedom, PA 17349

Food trucks, face painting, carnival games, music, and more!

TIME: 12:30-2:30PM
COST: free admission
stjnschool.org

THURSDAY, MAY 2

Chick-fil-A East York Family Story Time with Miss Felicia
@Chick-fil-A, 2801 E Market St, York, PA 17402

Come enjoy stories and make a fun craft with Miss Felicia at Chick-fil-A East York on the first Thursday of each month. This is for children ages 3-5 years and their caregivers. Please register online or by calling 717-252-4080.

TIME: 9-9:45am
COST: free
yorklibraries.org

MAY 3-4

22nd Annual Spring Auction
@Markets at Shrewsbury, 12025 Susquehanna Trail S, Glen Rock, PA 17327

Join our Annual Spring Auction and shop Amish furniture from Penn Dutch Furniture and various outdoor structures from Penn Dutch Structures. Auction items include Amish-crafted, premium-quality home furnishings, outdoor structures, home decor, and much more. The event is free, but if you plan to place bids, you'll need to show your license to get an auction number. Stop in and look at some of the items out for bid on Friday, May 3rd anytime between 12 noon and 7 PM. We'll kick off bidding on select items later that night between 4 PM and 7 PM. Here's what's on the agenda for the early auction:

4 PM - 5:30 PM: Crafts
5:30 PM - 7 PM: Flowers & Planters
The next morning, on Saturday, May 4th, bidding will continue from 8:30 AM until 4 PM!

While you shop at the auction, make a day out of it and visit the local merchants inside The Markets for a quick bite to eat or to treat yourself! We house over 18 merchants including grocery and bulk food merchants, lunch spots, and clothing and gift retailers.
marketsatshrewsbury.com/events/spring-auction

SATURDAY, MAY 4

Tales from the Rails Picnic Special
@Stewartstown Railroad Company, 21 W Pennsylvania Ave, Stewartstown, PA 17363
You bring your own picnic lunch, and we will provide the live

entertainment. Take a relaxing train ride to the picnic grove where Matt Dodd, the singing historian will sing songs and tell stories of old railroad days gone by. Matt has a way of mixing history with music to feature historical periods and American themes. This show is for the whole family! Please feel free to bring your own lunch/snacks and drinks to enjoy while you are watching the show. There are a few picnic tables available at the picnic grove, but please feel free to bring a blanket or small folding camp chairs. Our train rides are rain or shine!

TIME: 11am (please arrive 30 minutes early)
COST: Tickets start at \$12
stewartstownrailroadco.com

SATURDAY, MAY 4

York County Women's Expo
@York Expo Center, 334 Carlisle Avenue, York PA 17404

The Women's Expo brings together women of all ages to shop, enjoy mini spa treatments, watch demonstrations, learn about products and services for themselves and their families, and be entertained. Exhibitors will be on hand representing beauty, home, health and wellness, fashion, nutrition, shopping, finance, technology, and more.

COST: free guest admission
TIME: 9AM-3PM
agreatwaytospendmyday.com

SATURDAY, MAY 4

Spring Fest
@Shrewsbury Volunteer Fire Company, 21 W Forrest Ave, Shrewsbury PA 17361

This event will feature music, food, games, and vendors. All proceeds go directly back to the Shrewsbury Volunteer Fire Company!

TIME: 9AM-2PM
"Shrewsbury Volunteer Fire Company" on Facebook

MAY 4-5

717 Vintage Fest
@York Expo Center, 334 Carlisle Avenue, York PA 17404

717 Vintage Fest is a weekend-long vintage-only vendor market featuring unique curated clothing, accessories, home decor & more for all genders, all ages, and from all decades. 717 Vintage Fest features a selection of the region's most established and up-and-coming vintage stores and independent vendors. Each store's brand focus offers diverse styles of vintage clothing, accessories, home decor, furniture, vinyl, collectables, & more, ranging from early 20th century pieces to in-demand Y2K items and everything in between.

The Fest is free & open to the public.
TIME: 11-6 Saturday, 10-4 Sunday
717vintagefest.com

SATURDAY, MAY 11

Taste of Pennsylvania
@York Memorial Park Complex, 941 Vander Avenue, York, PA 17404

Wineries, food trucks, and vendors!
TIME: 12-5PM
COST: varies
yorkwinefest.com

SATURDAY, MAY 18

3rd Annual Car Show
@Dallastown Community Park, 50 S School Pl, Dallastown, PA 17313

Liberty Barbell is revving up for our 3rd annual car show! Join us for a day of horsepower, nostalgia, and fun! Mark your calendars and get ready to show off your ride or admire the classics!

TIME: 9AM-1PM



Submit your event: If you'd like an event to appear in an upcoming edition of Southern York Living, please email the information to aedwards@bestversionmedia.com. Deadlines are March 25 for the May 2024 edition and April 25 for the June 2024 edition.

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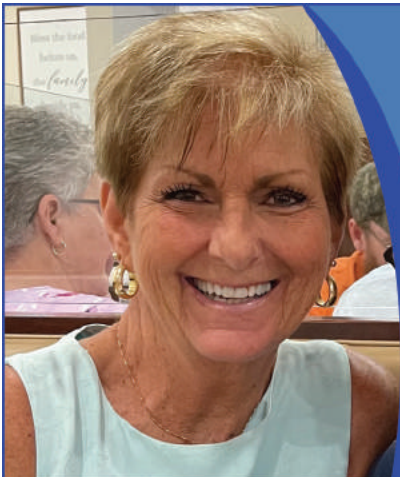
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Gingerbread Cupcakes

With Cream Cheese Icing

BY CAROL SIELING OF NEW FREEDOM ROASTING CO & DELI

CUPCAKES:

- 1 stick butter (room temp)
- 1/2 cup sugar
- 2 large eggs
- 1 cup molasses
- 2 cups flour
- 1 tsp ground ginger
- 1/4 tsp ground cloves
- 1/4 tsp nutmeg
- 1/2 tsp salt
- 1/2 tsp cinnamon
- 2 tsp baking soda
- 1 cup boiling water

DIRECTIONS:

1. Preheat oven to 350.
2. Line two 12 cup muffin pans with liners.
3. Beat butter and sugar in a large bowl on medium/high speed until light and fluffy.
4. Beat eggs into mixture, one at a time. Add molasses, flour, spices and salt. Beat until just combined.
5. Combine baking soda and boiling water then fold into the batter (will be thin).
6. Fill muffin cups and bake about 20 minutes until toothpick comes out clean. Let cool in the pan then remove to a rack to cool completely.

ICING :

- 4 cups confectioner's sugar
- 1 8oz package cream cheese (room temp)
- 2 sticks butter (room temp)
- 1 tbsp pure vanilla extract
- ground cinnamon (for dusting)



DIRECTIONS:

Beat sugar, cream cheese, butter and vanilla in a lg bowl with mixer on low speed until incorporated. Increase to med high and beat until smooth. Spread or pipe onto the cupcakes then dust with cinnamon.

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BY ALCIA EDWARDS

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Stewartstown Lions Club

January 2024 Student Of The Month: Julia Van Pelt

BY ALCIA EDWARDS
PHOTO PROVIDED BY STEWARTSTOWN LIONS CLUB

JULIA VAN PELT is a member of the Envirothon team. She is going to attend York College to major in Nursing and minor in Psychology. Julia works at Madonna Seafood





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Follow the Dream Beauty Pageant Scholarship

SUBMITTED BY FTDBPS FOUNDER AMALIA GOHN



HAVE YOU EVER DREAMT OF ENTERING A BEAUTY CONTEST or being a judge at a beauty contest? Are you a student looking for a scholarship? Or are you a business looking for a worthy cause to help young adults achieve their potential? If you answered YES to some of these questions, then we welcome you to participate in the Follow The Dream Beauty Pageant Scholarship (FTDBPS) program.

FTDBPS Inc. provides opportunities for young adults between the ages of 18-29 to win an educational scholarship! The organization is also seeking sponsors to contribute towards the scholarship fund, and by doing so, the donor has the opportunity to serve as a contest judge. The success of this annual scholarship program is primarily due to the financial support of the community. With the generosity of individuals and businesses in the area, the dream will become an enduring reality for young women seeking to better themselves through education.

FTDBPS Founder Amalia Gohn has demonstrated a talent to help prepare scholarship recipients for a successful entry into the workforce and professional fields. Pageant contestants learn proper etiquette, poise, and style while at the same time they gain valuable personal and professional skills to energize their thoughts and actions toward achieving their goals and dreams.

Individuals interested in applying for a Follow The Dream Beauty Pageant Scholarship or those interested in contributing toward the scholarship fund should contact Amalia Gohn at (717) 881-3555 or email to info@Followthedreamfoundation.org. The deadline to apply for the scholarship is May 31, 2024. The FTDBPS ceremony to announce scholarship winners will be held on September 7, 2024, at the Wyndham Garden in York, PA.

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Celebrating Passover

BY ALCIA EDWARDS



THIS YEAR, PASSOVER (PESACH) BEGINS BEFORE SUNDOWN ON APRIL 22, and ends after nightfall on April 30. Passover commemorates the emancipation of the Israelites from slavery in ancient Egypt. Jewish history states that in 1313 BCE, God visited during the last of the ten plagues on the Egyptians; the final plague was the killing all the firstborns. While doing so, God

spared the children of Israel, “passing over” their homes—hence the name of the holiday. Pharaoh’s resistance was broken, and he chased his former slaves out of the land. The Israelites left in such a hurry that the bread they baked as provisions for the way did not have time to rise. Hundreds of thousands of Jews left Egypt on that day and began the trek to Mount Sinai.

Jews honor the holiday by not eating—or even retaining in their possession—any leavened grain. This includes bread, cake, cookies, cereal, pasta, and most alcoholic beverages. The highlight of Passover is the Seder, observed on each of the first two nights of the holiday. The focal points of the tradition are: eating matzah and bitter herbs, drinking four cups of wine or grape juice, and the reciting of the Haggadah—a liturgy that describes in detail the story of the Exodus from Egypt.

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